

packages

GET TO KNOW THE VILLAGE DOULA

Free 1-hour Consultation Session

- · Introductory consultation for you and your partner
- Discuss services and packages to tailor to your needs

POSTPARTUM DAYTIME SUPPORT PACKAGES:

Day Package 1: 12 hours — \$297 Day Package 2: 18 hours — \$441 Day Package 3: 24 hours — \$576

Shifts are typically 3-4 hours depending on need

INCLUDES:

- · 1 hour prenatal visit
- · Email/text/phone support

POSTPARTUM OVERNIGHT SUPPORT PACKAGES:

Night Package 1: 16 hours — \$476 Night Package 2: 24 hours — \$708 Night Package 3: 36 hours — \$1044 Shifts are typically from 10pm to 6am

INCLUDES:

- · 1 hour prenatal visit
- Email/text/phone support

PER SHIFT PRICING

Day Shift: \$25/hour (3 hour minimum per shift)

Overnight Shift: \$30/hour (8 hour minimum per shift)

other services

Breastfeeding Support \$25/Hour

Crisis Care For Those With Perinatal Mood & Anxiety Disorders \$25/Hour

Prenatal/Bedrest Support Services \$20/Hour (fees may vary based on needs)

Postpartum Planning Session \$20/Hour

PAYMENT REQUIREMENTS

50% of fees (non-refundable) will be due when the service contract is signed by client.

Payments Accepted: Cash, Check, MasterCard, Visa, PayPal.

Please check with your insurance provider, postpartum doula services may be eligible for reimbursement through your health savings account (HSA), flexible spending account (FSA) or health reimbursement account (HRA).

Care for multiples may influence fees

Travel fee may apply for services outside of the greater Grand Rapids area

Give the special mother in your life the gift of postpartum doula support: gift cards are available in any amount!

STRUGGLING WITH PMAD? Schlorships may be available to women in the Mother & Baby Program at Pine Rest as well as others diagnosed with a perinatal mood disorder. Please send an inquiry for more information.

STACEY FIGG, PCD (DONA)